



Texas  
Preferred Provider Benefit Plans

# HumanaOne

Plans insured by Humana Insurance Company

## Copay 70% plan

### About your plan

**Who can apply for this plan** – People between the ages of two weeks and sixty four and a half years of age can apply for HumanaOne health plans. A dependent child must be less than 26 years of age to apply.

**Date the plan starts** – If you've had major medical coverage in the last 63 days, your start date can be as early as the day you apply. If you haven't had coverage in the last 63 days, you'll have two start dates:

1. Subject to approval, your plan starts on the day you request, with coverage for preventive care and injuries caused by an accident
2. Unless Humana agrees to an earlier date, your start date for sickness begins on the 15th day after the approved effective date of your plan.

**Choose your medical deductible** – The amount of covered expenses you'll pay out of your pocket before your plan begins to pay its share

**Important to know:**

- > Deductibles start over each new calendar year
- > Once three family members meet their individual deductibles, the family deductible will be met for all other family members
- > For families with two people, only two individual deductibles need to be met
- > This plan may include a separate deductible for certain conditions; see the deductible information on page 4 for details
- > The medical deductible is separate from other deductibles; expenses applied to the medical deductible won't apply to mental health, prescription drugs, or condition-specific deductibles

	In-network		Out-of-network	
	Individual:	Family:	Individual:	Family:
	\$ 1,500	\$ 4,500	\$ 3,000	\$ 9,000
	\$ 2,500	\$ 7,500	\$ 5,000	\$ 15,000
	\$ 5,000	\$ 15,000	\$ 10,000	\$ 30,000

**Coinsurance** – The percentage of covered healthcare costs you have to pay while covered under this plan

You pay 30% of covered expenses after you pay your deductible

You pay 50% of covered expenses after you pay your deductible

**Your out-of-pocket coinsurance maximum** – The amount you're required to pay toward the covered cost of your healthcare; premium, deductibles, access fees and copays don't apply

Individual:	Family:	Individual:	Family:
\$ 5,000	\$ 10,000	\$ 20,000	\$ 40,000

Each covered persons coinsurance applies to meet this maximum

**Lifetime maximum** – The total amount your plan will pay for covered expenses in your lifetime

Unlimited



# HumanaOne Copay 70% plan

## How your plan works

The details below give you a general idea of covered benefits for this plan. It doesn't explain everything. To be covered, expenses must be medically necessary and listed as covered in your policy. A policy is the document which outlines the benefits, provisions, and limitations of your plan. Please refer to a policy for the actual terms and conditions of your plan. This plan also has things that are not covered or limited. You should know about these. See page 4 for details.

	In-network	Out-of-network
<b>Preventive care</b>		
<ul style="list-style-type: none"> <li>Office visits, lab, X-ray, child immunizations (age 6 to 18) Pap smear, mammogram, prostate screening, and endoscopic services</li> <li>Child immunizations (birth to age 6)</li> </ul>	<p>Your plan pays 100%</p> <p>Your plan pays 100%</p>	<p>You pay 30% after you pay your deductible</p> <p>Your plan pays 100%</p>
<b>Diagnostic office visits</b>	Your plan pays 100% after you pay a copay per visit for the first three visits; then you pay 30% after you pay your deductible:	You pay 30% after you pay your deductible
<ul style="list-style-type: none"> <li><b>Important to know:</b> <ul style="list-style-type: none"> <li>Copays don't count toward your deductible or out-of-pocket coinsurance maximum</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>\$35 for a primary care physician</li> <li>\$60 for a specialist</li> <li>\$60 for an urgent care visit</li> </ul>	
<b>Diagnostic lab and X-rays</b> – includes allergy testing	Your plan pays \$300 per calendar year at 100% per person. Then you pay 30% after you pay your deductible (MRI, CAT, EEG, EKG, ECG, cardiac catheterization, endoscopic services, and pulmonary function studies are not included in the first \$300 of coverage. You pay 30% after you pay your deductible.)	You pay 30% after you pay your deductible
<b>Inpatient hospital and outpatient services</b> Note: doctors and hospitals often send separate bills	You pay 30% after you pay your deductible	You pay 50% after you pay your deductible
<b>Emergency room</b>	You pay a \$125 access fee per visit; then you pay 30% after you pay your deductible	You pay a \$125 access fee per visit; then you pay 30% after you pay your deductible
<ul style="list-style-type: none"> <li><b>Important to know:</b> <ul style="list-style-type: none"> <li>If you're admitted, you don't pay the access fee</li> </ul> </li> </ul>		
<b>Ambulance</b>	You pay 30% after you pay your deductible	You pay 30% after you pay your deductible
<b>Transplants</b>	You pay 30% after you pay your deductible when you get services from a Humana Transplant Network provider	You pay 50% after you pay your deductible. Plan pays up to \$35,000 per transplant
<b>Mental health (mental illness other than demonstrable organic disease and chemical dependency)</b> – includes inpatient and outpatient services	You first pay your mental health deductible, which is the same amount as your in-network medical deductible	You first pay your mental health deductible, which is the same amount as your out-of-network medical deductible
<ul style="list-style-type: none"> <li><b>Important to know:</b> <ul style="list-style-type: none"> <li>There is a 30-day waiting period before this plan pays benefits</li> <li>The mental health deductible is separate from other deductibles; expenses applied to the mental health deductible won't apply to the other deductibles for your plan such as medical, prescription drugs, or certain illnesses</li> <li>Covered expenses for mental health don't apply to the medical out-of-pocket maximum</li> <li>Outpatient services for mental illness other than demonstrable organic disease pay the same as any other illness and are subject to 20 visits per calendar year. Services don't apply to the mental health waiting period</li> </ul> </li> </ul>	Then, you pay 50%	Then, you pay 50%
<b>Mental health with demonstrable organic disease</b> – includes inpatient and outpatient services	Same as any other illness	Same as any other illness
<ul style="list-style-type: none"> <li><b>Important to know:</b> <ul style="list-style-type: none"> <li>There is no waiting period</li> <li>Services don't apply to the mental health deductible</li> </ul> </li> </ul>		
<b>Other medical services</b>	You pay 30% after you pay your deductible	You pay 50% after you pay your deductible
	<p><b>These services are covered with the following combined in- and out-of-network limits:</b></p> <ul style="list-style-type: none"> <li>Skilled nursing facility – up to 30 days per calendar year</li> <li>Home health care – up to 60 visits per calendar year</li> <li>Hospice family counseling – up to 15 visits per family per lifetime</li> <li>Hospice medical social services – up to \$100 per family per lifetime</li> <li>Physical, occupational, cognitive, speech, audiology, cardiac, and respiratory therapy – combined, up to 30 visits per calendar year</li> <li>Spinal manipulations, adjustments, and modalities – up to 10 visits per calendar year</li> </ul>	

## Your prescription drug coverage

### Prescription drugs

#### ✔ Important to know:

- › You pay the copay for each prescription or refill for each supply of medicine for 30 days
- › If you use an out-of-network pharmacy, you'll need to pay the full cost up front and then ask Humana to pay you back by submitting a claim
- › The prescription drug deductible is separate from other deductibles; expenses applied to the prescription drug deductible won't apply to the other deductibles for your plan such as medical, mental health, or certain illnesses
- › Prescription drug deductibles and copays do not apply to the medical out-of-pocket maximum
- › Find details about Humana's preferred mail-order service at [RightSourceRx.com](http://RightSourceRx.com)

#### In-network

1. **Your covered drug expenses are first applied to your drug deductible** (unless a level 1 drug – with these drugs you only have to pay your copay, no deductible)
  - \$1,000 deductible (included in plan)
  - \$500 deductible (this lower deductible is available for an extra cost)

#### Out-of-network

#### 2. Once you've met your deductible, then you pay a copay:

- \$15 / level 1: low-cost generic and brand-name drugs (These drugs are covered before meeting your deductible)
- \$40 / level 2: higher cost generic and brand-name drugs
- \$65 / level 3: high-cost, mostly brand-name drugs
- 35% / level 4: some drugs you inject and other high-cost drugs (\$5,000 out-of-pocket maximum per person per calendar year on level 4 drugs)

3. **Then, your plan pays** any remaining costs for in-network drugs

**Then, you pay** 30% of out-of-network drug costs

## Add extra benefits to your medical plan

The following benefits are available to you at an extra cost.



### Dental

Protect your healthy smile with affordable, easy-to-use optional dental benefits from one of the nation's largest dental insurers. For a low monthly premium, you can use more than 130,000 network providers and on the Traditional plan, you still have the freedom to see non-network providers. And if you're approved for a medical plan, you're approved for dental benefits – just choose the type of coverage that meets your needs:

- Traditional Plus** includes coverage for preventive, basic, and major services. You can go to network or non-network dentists, but you'll pay less when you choose dentists in the network.
- DHMO** covers preventive services, including exams and cleanings. There are no yearly maximums, deductibles, or waiting periods.



### Term life

HumanaOne makes it easy to get peace of mind and help plan for a secure future for your family. You can apply for a health plan and term life insurance at the same time. If you are approved for your health plan, you will also be eligible for up to \$150,000 term life coverage. Term life insurance gives protection for a certain time, during which premiums stay the same.



### Supplemental accident

With this extra benefit, the plan pays a set amount per covered person for treatment of an accident, excluding prescription drugs, even before you've met the plan deductible. Treatment must take place within 90 days of the accident.

- \$1,000:** Plan pays first \$1,000 per accident at 100%, then your plan benefits apply
- \$2,500:** Plan pays first \$2,500 per accident at 100%, then your plan benefits apply



### Deductible credit you can use next year

If you have covered medical expenses that apply to your deductible between Oct. 1 and Dec. 31, you can apply the covered expenses to your deductible for the next year. This makes it easier to meet your deductible the following year. Deductible carryover credit applies to the medical, mental health, and deductibles for certain illnesses, but does not apply to the prescription drug deductible.



Make your HumanaOne plan fit your needs even better. Extra benefits are an easy and affordable way to get the coverage you need. Plus, in most cases, there's no separate application or underwriting.

Insured by Humana Insurance Company, or HumanaDental Insurance Company. Insured or administered by DentiCare, Inc. (d/b/a CompBenefits)

Applications are subject to approval. Waiting periods, limitations and exclusions apply.

**Contact your agent for plan details or more information.**

## Condition-specific deductibles (deductibles for certain illnesses)

This plan may include condition-specific deductibles, or CSDs, of \$2,500, \$5,000, or \$7,500 in-network (\$5,000, \$10,000, or \$15,000 out-of-network). CSDs allow you to get coverage for services that wouldn't be covered otherwise or would have a waiting period. The CSD applies to certain conditions listed in your policy. If you have any of these conditions before your coverage starts, you'll have coverage for these services – you just need to meet the separate deductible first. After you meet the CSD, your plan will pay for covered expenses related to the condition at 100% for the rest of the calendar year. Prescriptions used to treat the condition don't apply to the CSD.

## Network agreements

Network providers agree to accept an agreed-upon amount as payment in full. Network providers aren't the agents, employees, or partners of Humana or any of its affiliates or subsidiaries. They are independent contractors. Humana doesn't provide medical services. Humana doesn't endorse or control your healthcare providers' clinical judgment or treatment recommendations. Your policy explains your share of the cost for network and out-of-network providers. It may include a deductible, a set amount (copayment or access fee), and a percent of the cost (coinsurance).

### When you go to a network provider:

- The amount you pay is based on the agreed-upon amount.
- The provider can't "balance bill" you for charges greater than that amount.

### When you go to an out-of-network provider:

- The amount you pay is based on Humana's maximum allowable fee.
- The provider can "balance bill" you for charges greater than the maximum allowable fee. These charges don't apply to your out-of-pocket limit or deductible.

## Pre-existing conditions

A pre-existing condition is a sickness or bodily injury for which, during the five-year period immediately prior to the covered person's effective date of coverage: 1) the covered person sought, received or was recommended medical advice, consultation, diagnosis, care or treatment; 2) prescription drugs were prescribed; 3) signs or symptoms were exhibited; or 4) diagnosis was possible. Benefits for pre-existing conditions are not payable until the covered person's coverage has been in force for 12 consecutive months with us. We will waive the pre-existing conditions limitation for those conditions disclosed on the application provided benefits relating to those conditions are not excluded. Conditions specifically excluded by rider are never covered. The pre-existing condition limitation does not apply to a covered person who is under the age of 19.

## Limitations and exclusions (things that are not covered)

This is an outline of the limitations and exclusions for the Humana *One* individual health plan listed above. It is designed for convenient reference. Consult the policy for a complete list of limitations and exclusions. Your policy is guaranteed renewable as long as premiums are paid. Other termination provisions apply as listed in the policy. Unless specifically stated otherwise, no benefits will be provided for, or on account of, the following items:

### Service and billing exclusions

- Services incurred before the effective date, after the termination date, or when premium is past due, subject to the grace period provision in the "Premium Payment" section
- Services not medically necessary, except for routine preventive services as stated in the policy
- Charges in excess of the maximum allowable fee
- Charges in excess of the lifetime maximum benefit or any other benefit maximum
- Services not authorized, furnished or prescribed by a healthcare provider
- Services for which no charge is made
- Services provided by a family member or person who resides with the covered person
- Services rendered by a standby physician, surgical assistant, assistant surgeon, physician assistant, nurse or certified operating room technician unless medically necessary

### Experimental, investigational, or research services

- Services that are experimental, investigational, or for research purposes, except as expressly provided in the policy

### Elective and cosmetic services

- Cosmetic services, or any related complication, except as stated in the policy
- Elective medical or surgical procedures
- Hair prosthesis, hair transplants, or hair implants
- Prophylactic services

### Immunizations

- Immunizations except as stated in the policy

### Dental, foot care, hearing, and vision services

- Dental services (except for dental injury), appliances, or supplies
- Foot care services
- Hearing care that is routine, except as stated in the policy
- Vision examinations or testing, eyeglasses or contact lenses

### Pregnancy and sexuality services

- Pregnancy except for complications of pregnancy as defined in the policy
- Lactation therapy
- Elective medical or surgical abortion except as stated in the policy.
- Immunotherapy for recurrent abortion
- Home uterine activity monitoring
- Sterilization, including tubal ligation and vasectomy
- Reversal of sterilization
- Infertility services
- Sexual dysfunction
- Sex change services
- Services rendered in a premenstrual syndrome clinic

### Obesity-related services

- Any treatment for obesity
- Surgical procedures for the removal of excess skin and/or fat due to weight loss

### Illness/injury circumstances

- Services or supplies provided in connection with a sickness or bodily injury arising out of, or sustained in the course of, any occupation, employment or activity for compensation, profit or gain, whether or not benefits are available under Workers' Compensation except as stated in the policy
- Sickness or bodily injury as a result of war, armed conflict, participation in a riot, influence of an illegal substance, being intoxicated or engaging in an illegal occupation

### Care in certain settings

- Private duty nursing
- Custodial or maintenance care
- Care furnished while confined in a hospital or institution owned or operated by the United States government or any of its agencies for any service-connected sickness or bodily injury

### Certain hospital services

- Services received in an emergency room unless required because of emergency care
- Charges for a hospital stay that begins on a Friday or Saturday unless due to emergency care or surgery is performed on the day admitted
- Hospital inpatient services when the covered person is in observation status or when the stay is due to behavioral, social maladjustment, lack of discipline or other antisocial actions which are not the result of mental health

### Certain mental health services

- Court-ordered mental health services
- Services and supplies that are rendered in connection with mental illnesses not classified in the International Classification of Diseases of the U.S. Department of Health and Human Services
- Services and supplies that are extended beyond the period necessary for evaluation and diagnosis of learning and behavioral disabilities or for mental retardation
- Marriage counseling

### Other payment available

- Services furnished by or payable under any plan or law through a government or any political subdivision, except Medicaid, unless prohibited by law which the covered person is not legally obligated to pay

### Services not considered medical

- Charges for non-medical items that are used for environmental control or enhancement whether or not prescribed by a healthcare practitioner

### Alternative medicine

- Services rendered in a holistic medicine clinic
- Charges for alternative medicine including acupuncture and naturopathic medicine, except as expressly provided in the policy

### Other

- Any expense incurred for services received outside of the United States while residing outside of the United States for more than six consecutive months in a year except as required by law for emergency care services
- Services for care or treatment of non-covered procedures or any related complication, except as expressly provided in the policy
- Biliary lithotripsy
- Charges for growth hormones
- Chemonucleolysis
- Cranial banding, unless otherwise determined by us
- Educational or vocational training or therapy, services, and schools
- Expense for employment, school, sports or camp physical examinations or for the purpose of obtaining insurance, premarital tests/examinations
- Genetic testing, counseling, or services
- Hyperhidrosis surgery
- Immunotherapy for food allergy
- Light treatment for Seasonal Affective Disorder (S.A.D.)
- Living expenses; travel; transportation, except as expressly provided in the policy
- Prolotherapy
- Sensory integration therapy
- Sleep therapy
- Treatment for TMJ, CMJ or any jaw joint problem
- Treatment of nicotine habit or addiction
- Any drug, medicine or device which is not FDA approved
- Medications, drugs or hormones to stimulate growth
- Legend drugs not recommended or deemed necessary by a healthcare practitioner or drugs prescribed for a non-covered injury or sickness
- Drugs prescribed for intended use other than for indications approved by the FDA or recognized off-label indications through peer-reviewed medical literature; experimental or investigational use drugs
- Over the counter drugs (except insulin) or drugs available in prescription strength without a prescription
- Drugs used in treatment of nail fungus
- Prescription refills exceeding the number specified by the healthcare practitioner or dispensed more than one year from the date of the original order
- Vitamins, dietary products and any other nonprescription supplements, except as expressly provided in the policy

Certain services and prescription drugs require preauthorization and notification/prior authorization before services are rendered. Please visit [Humana.com/members/tools](http://Humana.com/members/tools) for a detailed list.

This document contains a general summary of covered benefits, exclusions and limitations. Please refer to the policy for the actual terms and conditions that apply. In the event there are discrepancies with the information given in this document, the terms and conditions of the policy will govern.

Your premium won't go up during the first year the policy is in force, as long as you stay in the same area and keep the same benefits. After the first year, we have the right to raise premiums on your renewal date, or more frequently if you move out of the service area or change benefits.

TX-52417-HO 9/10

Policy number: TX-71037-01 4/2010, et al.

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